

## ***Cabarrus County Employee Health & Wellness Center***

The Cabarrus County Employee Health and Wellness Center offers health care services to all Cabarrus County employees eligible for health insurance. Retirees, spouses, and dependents who are enrolled in the County's self-funded insurance plan may also utilize services.

The Employee Health and Wellness Center provides a basic level of routine primary medical care and health screenings. It is not intended to replace an individual's primary care physician, but rather to provide a convenient, low cost access point for basic medical care.

The Health Center is staffed by a licensed nurse practitioner, two medical office assistants and a health coach with direct oversight by a licensed physician through a contract with Carolinas Medical Center HEALTHWORKS.

The Health Center will provide convenient, reliable and cost-effective health services for care related to:

- Sick visits (cold, flu, ear and sinus infections)
- Prescriptions for medications
- Administer injectable medicines (such as allergy and testosterone)
- Preventative care services
- Minor injuries (e.g., sprains, cuts, etc.)
- Chronic condition management
- Physicals and sports physicals
- Flu shots
- Lab testing
- Workers' Compensation
- Immunizations
- Health Coaching

**Location:**

Church Street Commons (behind Mr. C's)  
845 Church Street North, Suite 101, Concord

**Hours:**

Monday through Friday  
7:30 a.m. to 4:30 p.m. (closed 11:30 a.m. to 12:30 p.m.)  
CHS holidays will be observed.

**Appointments:**

Appointments are required. To make an appointment, call 704-403-0550

**Cost is based on health insurance coverage:**

Open Access Plan: FREE

HDHP with Health Savings Account: \$5.00 for non-preventative services

**Sick Leave Usage:**

- Notify your supervisor prior to going to the Health Center
- The time spent at the Health Center will not be counted as sick leave
- If the employee is advised to go home, sick leave must be used from the time the employee is released from the Health Center
- If the employee takes a dependent to the Health Center, the time taken must be counted as sick leave

**Confidentiality Statement:**

Patients who utilize the Health Center will be protected by standard healthcare confidentiality measures. Carolinas Health Care System HEALTHWORKS will maintain protected health information in accordance with the business associate provisions set forth under the Privacy Regulations adopted by the United States Department of Health and Human Services pursuant to HIPAA.

Thank you for your commitment to Cabarrus County and the work you do. Our employees are our greatest asset and we want to make sure you stay healthy!